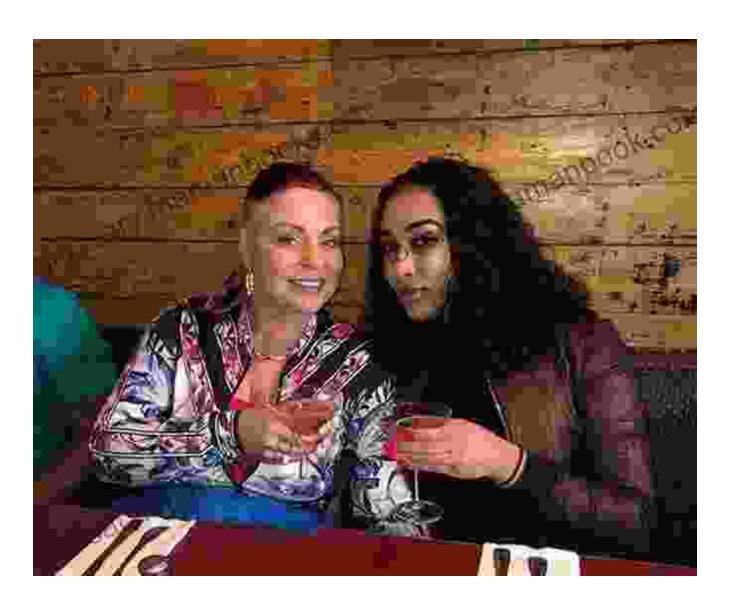
# 104 Days: Our Journey with Rissa Gable, a Memoir of Love, Loss, and Healing





#### 104 Days...Our Journey by Rissa Gable

★★★★ 5 out of 5

Language : English

File size : 3230 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 16 pages

Lending : Enabled



#### A Mother's Heartbreak

On a crisp October morning, everything changed. My world shattered into a million pieces when I received the unimaginable news that my beloved 16-year-old daughter, Rissa, had suddenly passed away.

A vibrant, intelligent, and compassionate young woman with an infectious laugh and a heart of gold, Rissa was the light of our lives. Her sudden departure left us reeling in disbelief and immeasurable pain.

In the depths of our despair, we clung to each other, searching for solace and meaning amidst the chaos. I found myself questioning everything I knew about life, love, and loss. How could we move forward without her? Would the pain ever subside?

#### **The Journey Begins**

As the days turned into weeks and weeks into months, we embarked on a profound and transformative journey. It was a journey marked by both excruciating pain and unexpected moments of grace.

We shared memories, cried together, and sought comfort in the love and support of our family and friends. We also delved into the complexities of grief, exploring its depths and searching for ways to navigate its labyrinthine paths.

Through our journey, we discovered that grief is not a linear process. There were days when the pain was overwhelming, and days when we found glimmers of hope and peace. We learned to embrace the full spectrum of emotions that accompanied our loss.

#### **Finding Strength in Each Other**

As a family, we found strength in our shared love for Rissa. We became each other's rocks, supporting and lifting each other up during the darkest of times.

My husband, Scott, was my constant companion, a beacon of love and resilience. He held me together when I felt like I was falling apart. Our son, Chase, demonstrated remarkable maturity and compassion, reminding us that even in the face of tragedy, life could continue.

Through our unwavering bond, we found the strength to face the challenges ahead. We learned to live with our grief without letting it define us. We discovered that love can transcend death and that our connection with Rissa would endure forever.

#### **Finding Healing in Words**

In the midst of our journey, I found solace in writing. I poured my heart and soul into a memoir, chronicling our experiences with Rissa and the aftermath of her loss.

Writing became a cathartic process that allowed me to process my emotions, share our story, and connect with others who had experienced similar tragedies. Through my words, I hoped to bring comfort and inspiration to those who were hurting.

Rissa's Legacy

As we continue on our journey, we honor Rissa's memory by carrying her

legacy forward. We established a foundation in her name, dedicated to

supporting young people in need.

Through the Rissa Gable Foundation, we provide scholarships to students

pursuing higher education, offer financial assistance to families facing

hardship, and support organizations that provide services to youth.

Rissa's spirit continues to inspire us to make a difference in the world. She

taught us the importance of kindness, compassion, and perseverance. Her

legacy lives on through the lives she touched and the impact her story

continues to have on others.

The loss of Rissa has forever changed our lives. But through our journey,

we have found strength, hope, and a deeper understanding of love and life.

Our memoir, "104 Days: Our Journey with Rissa Gable," is a testament to

the resilience of the human spirit and the transformative power of love that

transcends death. We share our story in the hope that it will provide

comfort and inspiration to others who have experienced the unimaginable

loss of a loved one.

As we continue to navigate our journey, we know that Rissa is always with

us, in our hearts and in the memories we cherish. Her spirit continues to

guide us and give us the strength to face the future with hope and love.

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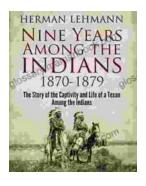
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